



Igor Grosman, DO; F.A.S.G
 Alexander Brun, MD
 Prateek Chapalamadugu, MD
 Nancy Chen, MD
 Konstantin Peysin, DO

Board Certified In Gastroenterology & Hepatology

E – Mail: info@TriboroughGI.com , Website: www.TriboroughGI.com

Main Office 1517 Voorhies Ave, 1FL Brooklyn, NY 11235 T- (718) 332 - 0600	Endoscopy Center 214 Avenue P (West 6 th & 7 th St) Brooklyn, NY 11204 T- (718) 339 - 5678	Mount Sinai Hospital Admitting 3201 Kings Highway Brooklyn, NY 11234 T- (718) 951 - 2803	New York Community Hospital Admitting 2525 Kings Highway Brooklyn, NY 11229 T- (718) 692-5343	Staten Island Office 2076 Hylan Blvd, Suite#2 Staten Island, NY 10306 T- (718) 987-1700	Statcare 2063 Bartow Avenue Bronx, NY 10475 T- (718) 332 - 0600
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CAPSULE ENDOSCOPY

APPOINTMENT INFORMATION

Patient Name: _____

Date: _____

Time: _____

Surgical Center Appointment Cancellation Policy

We **require** that you give our office **24 Hours'** notice in the event that you need to **reschedule your appointment**. This allows for other patients to be scheduled into that appointment. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. **A FEE OF \$100 WILL BE CHARGED TO YOU.**

CAPSULE ENDOSCOPY INSTRUCTIONS:

Getting Ready:

ONE WEEK BEFORE THE PROCEDURE:

- One week prior to the procedure, **DO NOT** take any IRON Products.

ONE DAY BEFORE THE PROCEDURE:

- Abstain from smoking 12 hours prior undergoing the procedure.
- Medications can be taken within a small amount of water in the evening.
- **DO NOT EAT or DRINK** anything after Midnight.

THE DAY OF THE PROCEDURE:

- **DO NOT** apply any lotion or cream(s) to the abdominal area and wear loose fitting, two-piece clothing for the procedure.
- **DO NOT** take any medication in the morning before you arrive to the office.
- For the first 2 hours after ingesting the SB Capsule, **DO NOT** eat or drink anything.
- It is important to move around during the procedure. Please make sure to walk around throughout the day, especially during the first 2 hours.
- After 2 hours, you will be able to resume a clear liquid diet.
- When it is 2 hours, you can take your medication.
- After 4 hours, you can have a light lunch. – **NOTHING RED.**
- Return to the office at 8 hours.
- At this time, you can resume to your normal diet.
- Throughout the 8-hour test, please verify that the blue light is flashing every hour. (If it isn't flashing call the office immediately.)
- **DO NOT** disconnect any of the equipment during the 8-hour period.
- Avoid any strenuous physical activity, especially if it involves sweating.

IMPORTANT THINGS TO KEEP IN MIND:

- **No MRI** for 2 weeks following the procedure.
- Contact your physician immediately if you experience abdominal pain, nausea, or vomiting.