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**Colonoscopy – Citroma**

**APPOINTMENT INFORMATION**

Patient Name: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Time: \_\_\_\_\_

**Surgical Center Appointment Cancellation Policy**

We **require** that you give our office **24 Hours'** notice in the event that you need to **reschedule your appointment**. This allows for other patients to be scheduled into that appointment. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. **A FEE OF \$100 WILL BE CHARGED TO YOU.**

**CITROMA INSTRUCTIONS:**

**One Day before the Procedure:**

- 1) A clear liquid diet is taken. **NO SOLID FOOD (NO BREAKFAST, LUNCH, or DINNER).** Clear liquid includes: (Water, Apple Juice, Ginger Ale, Coffee & Tea **(No Milk, No Creamer)**, Gatorade & Jell-O **(NO RED OR PURPLE COLORING), NO ORANGE JUICE**
- 2) At 3:00 PM, take 2 Dulcolax Tablets and 1st bottle of Magnesium Citrate (Citroma).
- 3) At 6:00 PM, take 2 Dulcolax Tablets and 2nd bottle of Magnesium Citrate (Citroma).
- 4) At 9:00 PM, NO Tablets and take the 3rd bottle of Magnesium Citrate (Citroma).
- 5) Nothing is to be taken after MIDNIGHT prior to the procedure.

**The Morning of the Procedure:**

- If medications **(High Blood Pressure)** need to be taken in the morning, you take that with a sip of water. All other medications **(Blood Thinners, Aspirin, Arthritis, Diabetic Medications)** must be brought with you to the appointment, so doctor can ADVISE you when to take the medication.
- No driving within 24 hours after the examination.

**Note: If you are on any blood thinning or arthritis medication, you must notify the doctor.**

**Compliance Notice:**

- **Follow doctor’s instructions carefully. If you do not, the procedure may be cancelled or repeated.**

**\*\* A responsible adult should accompany all patients the day of the procedure. No patient should drive the day of the colonoscopy.\*\***