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## Colonoscopy – Golytely

### APPOINTMENT INFORMATION

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

### Surgical Center Appointment Cancellation Policy

We **require** that you give our office **24 Hours'** notice in the event that you need to **reschedule your appointment**. This allows for other patients to be scheduled into that appointment. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. **A FEE OF \$100 WILL BE CHARGED TO YOU.**

### GOLYTELY PREP INSTRUCTIONS:

#### **1 WEEK PRIOR**

- Fill your prescription for Golytely and 2 tablets of Bisacodyl (Dulcolax) at the pharmacy.
- Arrange for a driver to take you home on the day of the procedure.
- If you have diabetes, check with your doctor regarding diet and medication instructions.
- Please **DISCONTINUE** fiber supplements and iron supplements including multivitamins and blood thinners **(Coumadin and Plavix).**
- **DO NOT** STOP ASPIRIN unless doctor told you to do so.

#### **1 DAY PRIOR**

- Start a clear liquid diet in the morning. **NO SOLID FOOD (NO BREAKFAST, LUNCH, or DINNER).**  
**Clear liquids include: Broths, Water, Clear fruit juices (apple or white), Soda, Gatorade, Jell-O, Popsicles, Coffee or Tea (No Milk or Cream).** You may use sugar or lemon. **Please do not have any dairy products, or Orange Juice or Anything Red**
- Take 2 tablets of Bisacodyl at 5PM.
- Mix Golytely solution as directed on the container. You may put it in the refrigerator to chill before drinking.
- Between 5PM and 8PM start drinking one 8oz glass of the solution every 15 minutes.
- Nothing is to be taken after midnight prior to the procedure.

#### **PROCEDURE DAY**

- You may take your morning medications (**Especially for High Blood Pressure**) with a small sip of water.
- If you have asthma, please bring your inhaler with you.

**A RESPONSIBLE ADULT MUST ACCOMPANY ALL PATIENTS THE DAY OF THE PROCEDURE. NO PATIENT SHOULD DRIVE ON THE DAY OF THE COLONOSCOPY.**