



Igor Grosman, DO; F.A.S.G  
 Alexander Brun, MD  
 Prateek Chapalamadugu, MD  
 Nancy Chen, MD  
 Konstantin Peysin, DO  
 Yevgeniy Mikityanskiy, DO

Board Certified in Gastroenterology & Hepatology  
 E – Mail: [info@TriboroughGI.com](mailto:info@TriboroughGI.com), [www.TriboroughGI.com](http://www.TriboroughGI.com)

<b>Main Office</b> 1672-1674 Sheepshead Bay Rd Brooklyn, NY 11235 T- (718) 332 - 0600	<b>Endoscopy Center</b> 214 Avenue P (West 6 <sup>th</sup> & 7 <sup>th</sup> St) Brooklyn, NY 11204 T- (718) 339 - 5678	<b>Mount Sinai Hospital Brooklyn</b> 3201 Kings Highway Brooklyn, NY 11234 T- (718) 951 – 2801	<b>New York Community Hospital</b> 2525 Kings Highway Brooklyn, NY 11229 T- (718) 692-5343	<b>Staten Island Office</b> 2076 Hylan Blvd, Suite#2 Staten Island, NY 10306 T- (718) 987-1700	<b>Statcare</b> 2063 Bartow Ave Bronx, NY 10475 T- (718) 332 - 0600
---	---	---	---	---	--

**FLEXIBLE SIGMOIDOSCOPY**

**APPOINTMENT INFORMATION**

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

**Surgical Center Appointment Cancellation Policy**

We **require** that you give our office **24 Hours'** notice in the event that you need to **reschedule your appointment**. This allows for other patients to be scheduled into that appointment. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. **A FEE OF \$100 WILL BE CHARGED TO YOU.**

**FLEXIBLE SIGMOIDOSCOPY INSTRUCTIONS:**

**FIVE DAYS BEFORE EXAM:**

- 1) Discontinue any Blood Thinners such as Coumadin, Plavix, and Naproxen. Discontinue any anti-inflammatory medications (Except Celebrex is okay).
- 2) Discontinue any Ibuprofen, Motrin, Advil, etc.  
Okay to Take: Tylenol, Acetaminophen for ache or pain. (81 mg Aspirin is okay if you currently have Heart Disease or Stroke/CVA or Mini Stroke/TIA).  
**DO NOT** stop taking ASPIRIN, unless doctor told you to do so.
- 3) Discontinue any Vitamin E, herbal medications, Fish Oil, Fiber or Iron Supplements.
- 4) Do NOT eat any corn, nuts, seeds or foods containing seeds. (Example: Watermelon, Squash, Cucumbers, Tomatoes, Rye Bread).

**Getting Ready:**

- 1) Buy 2 fleet enema to be used rectally \_\_\_\_\_ hours before the procedure.
- 2) No food or drink's after midnight before the examination.
- 3) No driving within 24 hours after the examination.

**Compliance Notice:**

- Follow doctor's instructions carefully. If you do not, the procedure may be cancelled or repeated.

\*\* A responsible adult should accompany all patients the day of the procedure. No patient should drive the day of the procedure.\*\*

**\*\*\*NOTE: ALL PATIENT'S MUST DO COVID-19 SWAB TEST 5 DAYS BEFORE PROCEDURE DATE\*\*\***