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## Colonoscopy – Plenvu

### APPOINTMENT INFORMATION

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

#### Surgical Center Appointment Cancellation Policy

We **require** that you give our office **24 Hours'** notice in the event that you need to **reschedule your appointment**. This allows for other patients to be scheduled into that appointment. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. **A FEE OF \$100 WILL BE CHARGED TO YOU.**

### PLENVU PREP INSTRUCTIONS:

#### **1 WEEK PRIOR**

- Fill your prescription for Plenvu at the pharmacy.
- Arrange for a driver to take you home on the day of the procedure.
- If you have diabetes, check with your doctor regarding diet and medication instructions.
- Please **DISCONTINUE** iron supplements and blood thinners (**i.e Coumadin, Eliquis, Xarelto, Plavix, etc**)
- **DO NOT STOP ASPIRIN** unless doctor told you to do so.

#### **1 DAY PRIOR**

- Start a clear liquid diet in the morning. **NO SOLID FOOD (NO BREAKFAST, LUNCH, or DINNER)**. Clear liquids include: Broths, Water, Clear fruit juices (apple or white), Soda, Gatorade, Jell-O, Popsicles, Coffee or Tea (**No Milk or Cream**). You may use sugar or lemon. **Please do not have any dairy products, or Orange Juice or Anything Red.**
- **TAKE PLENVU DOSE 1** – at     7 PM     (May be refrigerated)
  - Use the mixing container to mix the contents of the Dose 1 pouch with at least 16 ounces of water by shaking until it's completely dissolved. This may take up to 2 – 3 minutes. Take your time to slowly finish the dose within 30 minutes.
  - Refill the container with at least 16 ounces of clear liquid. Again, take your time and slowly finish all of it within next 30 minutes.
- Wait approximately     2     hours, then **TAKE PLENVU DOSE 2 (Double Pouch) DO NOT separate the two pouches.** (may be refrigerated).
  - Use the mixing container to mix the contents of the Dose 2 pouch with at least 16 ounces of water by shaking until it's completely dissolved. This may take up to 2 – 3 minutes. Take your time to slowly finish the dose within 30 minutes.
  - Refill the container with at least 16 ounces of clear liquid. Again, take your time and slowly finish all of it within next 30 minutes.
- **NO FOOD OR DRINK AFTER MIDNIGHT PRIOR TO THE PROCEDURE.**

#### **PROCEDURE DAY**

- You may take your morning medications (**High Blood Pressure**) with a small sip of water.
- If you have asthma, please bring your inhaler with you.

**A RESPONSIBLE ADULT MUST ACCOMPANY ALL PATIENTS THE DAY OF THE PROCEDURE. NO PATIENT SHOULD DRIVE ON THE DAY OF THE COLONOSCOPY.**

**\*\*\*NOTE: ALL PATIENT'S MUST DO COVID-19 SWAB TEST 5 DAYS BEFORE PROCEDURE DATE\*\*\***