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## Colonoscopy – Suprep

### APPOINTMENT INFORMATION

Patient Name: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Time: \_\_\_\_\_

#### **Surgical Center Appointment Cancellation Policy**

We **require** that you give our office **24 Hours'** notice in the event that you need to **reschedule your appointment**. This allows for other patients to be scheduled into that appointment. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. **A FEE OF \$100 WILL BE CHARGED TO YOU.**

### SUPREP INSTRUCTIONS:

It is very important that you follow the instructions below carefully.

**Fill your prescription at the pharmacy:** Suprep Bowel Prep Kit

**Blood thinners (Plavix or Coumadin):** Should be stopped at least 5 days prior to your colonoscopy after discussion with your doctor to confirm that these meds may be stopped.

**Aspirin: DO NOT STOP ASPIRIN** unless doctor told you to do so.

**Two days before your colonoscopy: NO** fresh fruits or vegetables can be taken. Well cooked, canned or frozen fruits and vegetable are allowed.

**One day before your colonoscopy: NO SOLID FOOD (NO BREAKFAST, LUNCH, or DINNER).**

You must remain on a **CLEAR** liquid diet the entire day before your procedure. Clear liquid includes: (Water, Apple Juice, Ginger Ale, Coffee & Tea (No Milk, No Creamer), Gatorade & Jell-O (**NO RED OR PURPLE COLORING**), **NO ORANGE JUICE**.)

**Beginning at 5:00p.m. on the day before your colonoscopy:** pour one 6-ounce bottle of SUPREP liquid into the mixing container. Add cool drinking water up to the 16-ounce line on the container and mix. DRINK ALL THE LIQUID in the container: You must then drink **TWO** more 16-ounce containers of water over the next 1 hour. (Fill the cup up **2 MORE** times with plain water and drink).

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**At 9:00 p.m.:** pour the last 6-ounce bottle of SUPREP liquid into the mixing container. Add cool drinking water to the 16-ounce line on the container and mix. Drink ALL the liquid in the container. You MUST drink **TWO** more 16-ounce containers of water over the next 1 hour. (Fill the cup up 2 more times with plain water and drink).

#### **Day of Colonoscopy: Remember:**

\*Nothing to eat or drink before the procedures \*You may take your medication (HIGH BLOOD PRESSURE) with a small sip of water.

\*PLEASE MAKE ARRANGEMENTS TO HAVE SOMEONE COME WITH YOU FOR THE PROCEDURE OR PICK YOU UP AFTER THE PROCEDURE. YOU MAY NOT DRIVE ON THE DAY OF THE PROCEDURE.\*

**\*\*\*NOTE: ALL PATIENT'S MUST DO COVID-19 SWAB TEST 5 DAYS BEFORE PROCEDURE DATE\*\*\***